

Hiking in Eastern Ontario

Bon Echo Provincial Park	7	Lemoine Point Conservation Area	20
Cliff Top Trail	8	Shore Trail and Meadowlark Lane	21
The Abes and Essens Trail	8	Hickory Lane and Trillium Trail	21
Bon Echo Creek Trail	8	Mac Johnson Wildlife Area	21
High Pines Trail	8	Morris Island Conservation Area	22
The Shield Trail	9	The Accessible Track	22
Pet Exercise Trail	9	The Old CN Causeway	24
Charleston Lake Provincial Park	9	Chats Falls Trail	24
Tallow Rock Bay (Westside Trail)	10	Ambush Shortcut	24
Sandstone Island Trail	10	The Island Loop	24
Blue Mountain Trail	10	The Old Voyageur Trail	24
Quiddity Trail	10	Murphys Point Provincial Park	25
Hemlock Ridge Trail	10	Silver Queen Mine and Beaver Pond	25
Beech Woods Trail	10	McParlan House Trail and Loon Lake	26
Shoreline Centennial Trail	11	Rideau Trail	26
Foley Mountain Conservation Area	11	Point Trail	26
Blue Circle Trail	11	Sylvan Trail	26
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Mobility Trail	13	Watts Creek Pathway, Shirley's Bay	28
Red Oak Trail	13	Beaver and Chipmunk Trails	29
White Pine Trail	13	Old Quarry Trail, Stony Swamp	29
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Doe Lake Trail	15	Perth Wildlife Reserve	32
Arkon Lake Loop	15	Rideau Trail	33
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Big Salmon Lake Loop	16	Cedar Sands Trail	35
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