

# Thaïlande

Jour 1 Chiang Rai .....	5	Jour 5 Chiang Rai – Ruammit – Chiang Rai 40 km .....	6
Jour 2 Chiang Rai – Station forestière de Pakwang 50 km .....	5	Jour 6 Chiang Rai .....	6
Jour 3 Station forestière de Pakwang – Vallée de Mae Chan – Santikhiri – Tha Ton 115 km .....	5	Index.....	8
Jour 4 Tha Ton – Mae Salak – Doi Wawee – Chiang Rai 135 km .....	6		